

## **Get in touch with Mary Jo**

### **For Feedback, Suggestions or Questions**

We would love to hear from you. Drop us a line at

[FastTrackWoman@aol.com](mailto:FastTrackWoman@aol.com)

### **For Speaking Engagements or Demonstrations**

Are you a librarian, book club coordinator, conference director, supermarket PR manager, mom group organizer or event planner?

Mary Jo loves to visit groups, libraries, supermarkets, conferences, and classrooms. To organize an event, give her a call or email her. Be sure to check her workshops and interview topics. Don't see one that fits into your theme, she can create one just for your event.

Email: [rulnickevents@aol.com](mailto:rulnickevents@aol.com)

Phone: 412.862.9763

Snail mail: P.O. Box 14282, Pittsburgh, PA 15239

### **For Appearances, Interviews or Media Requests**

Mary Jo loves to make guest appearances on TV and radio shows. She's available for interviews, via in-person radio and TV, via telephone or email.

Email: [rulnickmedia@aol.com](mailto:rulnickmedia@aol.com)

Phone: 412.862.9763

Snail mail: P.O. Box 14282, Pittsburgh, PA 15239

### **For Product Review**

We know firsthand the need to market yourself and your product. If you have a product that you'd like FastTrackWoman.com to review, please send to:

Product Review

Fast Track Woman

P.O. Box 14282

Pittsburgh, PA 15239

[FastTrackWoman@aol.com](mailto:FastTrackWoman@aol.com)

Note: Products must benefit or make life easier for today's woman living life on the fast track or her family.